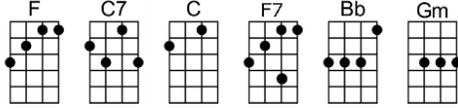


HUG (WE ALL NEED A HUG)(BAR)-Ben Sands

3/4 123 12 (without intro)



Intro: F (4 measures)

F C F F7 Bb
 I re-member I wasn't much older, from four, maybe five at the most,
 Gm C C7 F C7
 And going to school, mornings were colder, there was no such thing as a bus.
 F C F F7 Bb
 Our mother'd be searching for school bags, and combing our hair the wrong way,
 Gm C7 F C7
 As she buttered our toast, and buttoned our coats, here's what my mother would say.

F C F F7 Bb
 Well, we all need a hug in the morning, and one at the end of the day.
 Gm C C7 F C7
 And as many as possible, squeezed in between, to keep life's troubles at bay.
 F C F F7 Bb
 No matter where-ever you ramble, your troubles be great or be small.
 Gm C7 F
 It is my belief, for instant relief, a hug is the best cure of all.

F C F F7 Bb
 And, when Adam was cast from the Garden, feeling that life was un-fair,
 Gm C C7 F C7
 His temper was startin' to harden, when Eve said, "I've nothing to wear."
 F C F F7 Bb
 But God, in His mercy, looked kindly, he gave his wide shoulders a shrug
 Gm C7 F C7
 I'll give Humankind a small piece of my mind, so he created the hug

F C F F7 Bb
 Ah, we all need a hug in the morning, and one at the end of the day.
 Gm C C7 F C7
 And as many as possible, squeezed in between, to keep life's troubles at bay.
 F C F F7 Bb
 No matter where-ever you ramble, your problems be great or be small.
 Gm C7 F
 It is my belief, for instant relief, a hug is the best cure of all.

p.2. Hug

F C F F7 Bb
Archbishop Tutu, from Cape Town, continues to keep our hearts warm
Gm C C7 F C7
With his passion for freedom and justice and peace, he's a man full of courage and charm
F C F F7 Bb
His words have the power of per-suasion, to lead people into the light
Gm C7 F C7
But, if you want to move mountains, like Tutu, then hug everybody in sight

F C F F7 Bb
Ah, we all need a hug in the morning, and one at the end of the day.
Gm C C7 F C7
And as many as possible, squeezed in between, to keep life's troubles at bay.
F C F F7 Bb
No matter where-ever you ramble, your problems be great or be small.
Gm C7 F
It is my belief, for instant relief, a hug is the best cure of all.

F C F F7 Bb
Well, a letter can bring conso-lation, a phone call can brighten the night.
Gm C C7 F C7
In the midst of great aggra-vation, they can put at least some things to right.
F C F F7 Bb
But, when your heart feels like it's breaking, your life's slipping down past the plug.
Gm C7 F C7
And you feel like a ghost, the thing you want most is someone to give you a hug.

F C F F7 Bb
Ah, we all need a hug in the morning, and one at the end of the day.
Gm C C7 F C7
And as many as possible, squeezed in between, to keep life's troubles at bay.
F C F F7 Bb
No matter where-ever you ramble, your problems be great or be small.
Gm C7 F
It is my belief, for instant relief, a hug is the best cure of all.
Gm C7 F
It is my belief, for instant relief, a hug is the best cure of all.